



Pretty Little Pots

By Wendy Williams

30. Paola's Pot

Finished size: 4 1/4" x 6 1/2"



Requirements:

Background fabric: 6" x 8"

Wool: 3" x 3" raspberry

80 weight thread (or similar): neutral.

Batting: 3 1/2" x 3"

Cotton for pot: 4" x 4"

Flower motif 2 1/2" x 2 1/2"

Freezer paper

'Perfect Circle' templates

Cutting:

1. Cut out the background fabric 5 ¼" x 7 ½"
The block will be trimmed when finished to 4 ¾" x 7
2. Cut out the pot (Q) in cardboard and batting
3. Cut out the fabric for the pot allowing approx. ½" seam allowance around all edges.
4. Cut out the circle motif ½" bigger than the finished size around all edges. The size is of the finished circle is shown on the templates.

Making: Little Pot

As before

1. Place the batting onto the cardboard pot shape.
2. Place the fabric over the batting and glue to the underside of the cardboard. Try to fold the fabric over as tight as possible.
3. Press the fabric from the right side and then again from the underside. Allow to cool and then carefully remove the cardboard. (a cuticle stick is helpful for this)
4. Using the template as a guide for placement, pin the pot into position.
5. Stitch with small slip stitches to attach the pot to the background.

Flower, stem and leaves:

1. Trace the pattern for the flower circle onto freezer paper and cut out. (Or use your circle templates). This can be done after the flower fabric motif has been attached. For this one I haven't added batting to the fabric circle.
2. Your flower motif fabric should be cut approx. ½" larger than the circle shown on the template sheet.

Making the flower centre with 'perfect circle' templates:

Note- The flower centre is attached to the background with the whip stitch around the outer edge. I find it is easier to stitch the fabric circle to the wool before cutting out the wool circle shape. Once the fabric is stitched you can then cut out the wool circle.

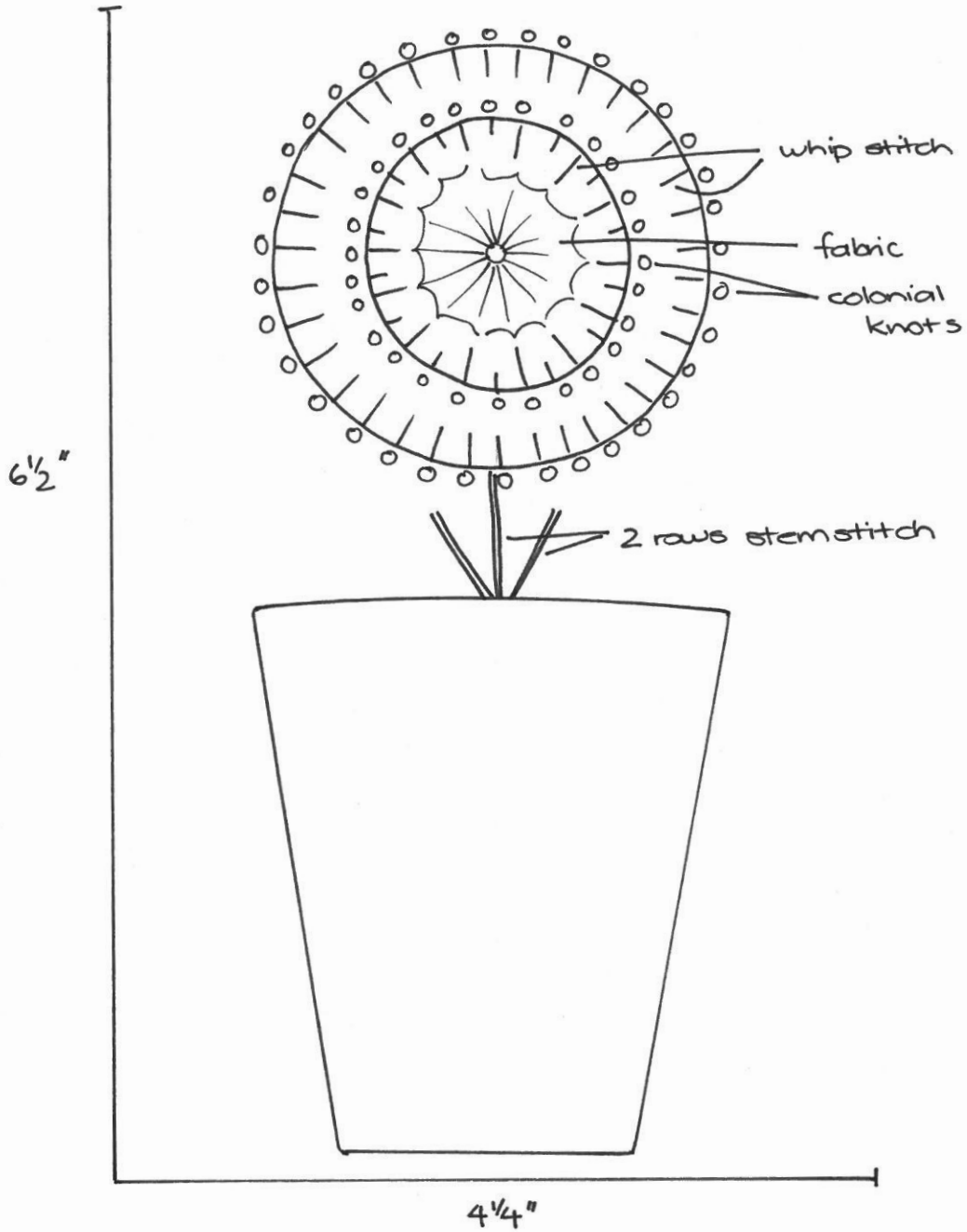
1. Using perle 8 cotton in the colour you want to use for the whip stitch, and starting with a knot and a backstitch, stitch a running stitch around the outer edge of the flower motif circle as close as possible to the outside cut edge.
2. Place the 'perfect circle' template onto the wrong side of the fabric flower motif.
Pull up the gathering thread as tightly as possible and press the fabric from the right side.
Turn the circle over and give it a press from the wrong side. The tighter you pull the thread the neater the outside edge of the circle will be.
3. Allow the circle to cool. Carefully remove the template and pull the gathering thread until the circle sits flat. No need to re press.
4. Pin the fabric circle to the wool and stitch it with whip stitch. Add a row of colonial knots around the outer edge.
5. Cut out the wool circle.

Completing the Flower:

1. Pin the flower to the background and stitch around the outer edge with whip stitch. Add a round of colonial knots around the outer edge onto the background fabric.
2. Chalk on the line for the stem and stitch it with 2 rows of stem stitch.
3. Add the leaves with 2 rows of stem stitch.

30. Paola's Pot Templates

Note- the lines are shown to indicate the correct size as a guide for printing.

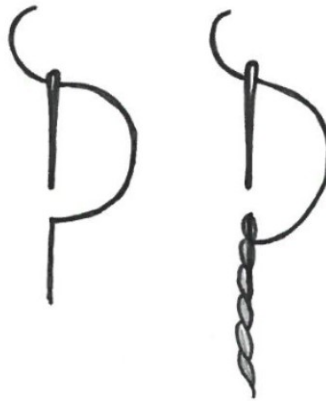


Stitch guide:

Whip Stitch:



Stem Stitch:



Colonial knot:

